

EU GO- EUROPEAN URBAN GARDENS OTESHA

IDENTIFICATION OF A GOOD EDUCATIONAL PRACTICE OR TOOL

Name of the community garden				Possible short title for the practice			
CROQ' JARDIN				"My old pal - intergenerational gardening"			
Type of tool				Contact person	Name and role		
Activity	<input checked="" type="checkbox"/>	Training			Jean-Claude ANDRE, animator		
					Phone 0033 442 285 018 0033 637 200 585		
Methodology		Document			E-mail jean-claude.andre@mouvement-rural.org		
Other (specify):				Other contacts			
It can be addressed to...				It deals with the following topics...			
All		School		Intercultural dialogue		Intergenerational dialogue	<input checked="" type="checkbox"/>
Children		Institution		Gender Equality		Fight against poverty	
Youngsters	<input checked="" type="checkbox"/>	Social service		Sustainable Consumption		Education to sustainable development	
Adults		Job service		Sustainable Urbanisation		Socio-professional training	
Women		Migrants service		Health promotion		Social cohesion	
Elderly	<input checked="" type="checkbox"/>	Neighbourhood	<input checked="" type="checkbox"/>	Horticultural therapy		Leisure activity	
Other (specify)				Other (specify)			
DESCRIPTION Please describe the practice you have developed.							
<p>This is an action by which young people help older people living alone in small squared kitchen garden. These gardens provide especially medicinal and green herbs to improve the lives of older people and they will be grown with agro-ecology technique.</p> <p>In return for their investment, youth will be encouraged in their personal projects and will receive a scholarship for travel or training (BAFA diploma, driving license).</p>							
AIMS AND OUTCOMES Which are the main purposes tackled in a community garden with this tool? Which concrete results have been observed at short and long term?							
<p>The goal is to create a contact, a friendly action that will allow teens to be recognized positively on the town. The development of these mini gardens with elderly living alone will enable six young people (14-18 years) to invest in a project of social link.</p>							
WHAT MAKES IT A GOOD PRACTICE OR TOOL? Identify which elements make this action a good practice, for ex. Innovation, coherence, link with other projects or people, favours social mixing, simplify work, earn time or money, etc.							
<ul style="list-style-type: none"> - An intergenerational project - Break of loneliness - creation of social links - Ecological Approach - Extensions in the field of health 							



STEP BY STEP Please, describe how to put in practice, guiding with clear instruction and materials needed someone that would like to experiment your tool in a local community garden around Europe

1. Eligible recipients (junior and senior) are identified by social services of the municipality, the MSA (agricultural social mutual, partner of the project) and Croq'Jardin.
2. In February: preparation - mobilization on the project (in conjunction with the CCAS: community center for social action).
3. These seniors are first contacted by the social workers of the municipality. After, the pairs will be formed to meet them (the two teens + Jean, animator of Croq'jardin).
4. A schedule for installation and maintenance will be established with the seniors: during the meeting at the seniors' homes, the juniors and the seniors will design together the plan of the small garden.
5. Early April: young people will install gardens directly on the ground or in containers if the soil is too bad. All plants will be planted to produce by summer a few aromatic and medicinal herbs and vegetables (cherry tomatoes, lettuce, basil, edible flowers, strawberries ...).
6. In May, the teens will go back to see their old pals, to check that everything grows well! Technical monitoring will be handled by an educator gardener.
7. In July before going on holiday, teens invite all seniors to Croq'Jardin for a snack made with products harvested in Croq'jardin and prepared by teens with the solar cooking equipment.

COMPETENCES Which are the previous knowledge and skills required to put in practice this tool?

- Technique of squared kitchen garden
- Mediation (young people - elderly persons)
- Coordination with partners (social services ...)

EVALUATION How do you normally evaluate the outcomes of this tool?

- The last day of the program: meeting with all youth and all seniors of the project (around a friendly snack) to exchange and verify if this project:
- Allowed young people to get involved
 - Allowed the elderly to feel the benefits of the action

DISCLAIMING AND DECLARATION OF HONOUR	yes	no
I'm aware that this intellectual product will be used for the aims and objectives of EU'GO project, including sharing and free publication on internet. I authorize Pistes Solidaires and all its partners to consider this document free from rights and royalties.	X	
I authorize Pistes Solidaires and its partners participating to the EU'GO project to publish my contacts on the dedicated website, giving my availability for supporting with information people interested in experimenting an testing the tool that has been described in this document	x	

Putting an X in the previous boxes means that you are agreeing with the cited statements

